



2026 - 2027

Studio

Handbook

Handbook Guide

Inside This Handbook

Welcome + Location 2026-	3
2027 Important Dates	4
Dancewear + Dress Code	5
Class Descriptions	6
Registration/Class Policies	7
Tuition + Attendance Policies	8
Performance Policies	9
Sick Policy + Database	10
Dance Discipline Overview	11
Dance Discipline: Ages 3-7	12
Dance Discipline: Ages 8-11	13
Dance Discipline: Age 12+	14
Family Notes	15

IGNITE DANCE ACADEMY

dance@rivercitychristian.org | 916-861-1650

10933 Progress Court, Rancho Cordova, CA 95670

Welcome + Location

Ignite Dance Academy at River City Christian was born out of a desire to encourage children and adults to enjoy the art of dance and develop their gifts in this area. We believe that God created dance as a form of expression for us and we desire to encourage and develop the dancer in each student.

We are dedicated to maintaining high standards of technical performance in a wholesome environment while making classes fun. Whether or not a student chooses to continue to dance, we believe that the benefits can enrich their whole life.

Studio Location

River City Christian

10933 Progress Court Rancho

Cordova, CA 95670

When you arrive for class each week, drive through the main gates and immediately turn left in to the first parking lot.

The Registration Desk is located through the glass doors behind the concrete staircase. You will check in here each week for all your classes before heading to your first class of the day.

2026 - 2027 Important Dates

SEP 14 - NOV 19

Fall 2026 Session

Nov 23 - Jan 10

No regular classes (Christmas rehearsals only)

DEC 10

Mandatory Tech Rehearsal - Level II and up

DEC 11

Mandatory Dress Rehearsal - all dancers

DEC 12-13

Christmas Show, 4:00 p.m.

JAN 11 - JUN 6

Winter/Spring 2027 Session (Fall 2026 Students do not need to re-register)

JAN 18

Studio closed - MLK Jr. Day

FEB 15

Studio closed - Presidents Day

MAR 22-28

Studio closed - Easter Break

MAY 15

Recital Picture Day

JUN 3

Mandatory Tech Rehearsal - Level II and up

JUN 4

Mandatory Dress Rehearsal - all dancers

JUN 5-6

Recital, 4:00 p.m.

DATES MAY BE UPDATED

Check the weekly Monday updates for any changes.

Dancewear + Dress Code

Where to Find Dancewear

Basic kids' leotards, tights and dance shoes can be found at Walmart, Target and Kohl's. Quality dancewear and shoes can be found at Capezio, 3839 H Street in East Sacramento. Receive a 10% discount using code "24IGNITE" in store or on the Sacramento Capezio website.

The studio has a swap box available by the Registration Desk. Dancers are welcome to any clothes or shoes on the "Blessings Shelf". Please also feel free to donate any un-needed dance clothes or shoes to the "Swap Box" basket in the same closet.

Dress Code

- **No jewelry except stud earrings can be worn to any class.**
- **Leotards are required for all blocking, tech and dress rehearsals for all levels.**
- **Hair: Bun for ballet, Pony tail for other dance forms. Pulled out of the face for short hair.**

3-4 + 5-7 Year Old Classes:

Girls: Leotard or dance dress, shorttard or unitard; tights. Ballet skirts and fitted shorts permitted. **Boys:** Stretch pants or shorts and t-shirt.

Shoes: Pre-Ballet/Ballet/Jazz - pink ballet shoes (black for boys);

Tap/Jazz - black jazz shoes or pink ballet shoes and black tap shoes.

Ballet Classes:

Girls: Tights (pink preferred), leotard (any color), pink ballet shoes.

Ballet skirts and fitted shorts permitted. **Boys:** Stretch pants or shorts, t-shirt and black ballet shoes.

Contemporary / Jazz / Musical Theatre:

Girls: Leotard or unitard, fitted pants or shorts. Full length t-shirt or tank top over leotard/unitard permitted. **Boys:** Stretch pants and t-shirt.

Shoes: Contemporary - skin-tone jazz shoes (black for boys);

Jazz/Musical Theatre I-II - black jazz shoes; **Musical Theatre IV-V** - tan character heels.

Tap/Hip Hop Classes/Teen/Adult Intro:

Full length shirt or tank top, stretch pants or shorts. No skirts or jeans.

Shoes: Hip Hop - Clean tennis shoes (preferred) or jazz shoes; **Tap:**

black tap shoes. **Teen/Adult Intro** - Black jazz or pink ballet shoes.

Class Descriptions

Ballet + Pre-Ballet

Designed to give the dance student a strong technical background. Students acquire flexibility, muscular strength and physical endurance, plus a working knowledge of French dance terminology. They develop and refine technique, alignment, rhythm and qualitative understanding. Ballet is highly recommended as a solid technical base.

Combination Classes

Tap/Jazz, Ballet/Jazz and Teen/Adult Intro classes give the new dancer movement experiences, fundamental knowledge of dance basics and a hands-on overview.

Contemporary

Focuses on contemporary/modern dance, choreography and emotional expression through movement. Students also develop improvisational skills. Contemporary may include ballet, jazz, modern and hip hop influences.

Hip Hop

A high-energy class where students learn fun, age-appropriate choreography. Through movement, music and positive messages, dancers use their God-given gifts to worship, express themselves and have fun!

Jazz

For students interested in jazz technique and styles. Students develop flexibility, strength and endurance, discipline of mind and body, and physical health.

Musical Theatre

Dancers learn proper technique while exploring styles used in Broadway shows. Emphasis is placed on performance skills, audience connection, storytelling and facial expression.

Tap

For students interested in tap technique, styles and rhythms, including classical tap, clogging, jazz tap and rhythm tap. Refinement of style and artistry are emphasized.

Studio Policies

Registration Policies

- Students must be the minimum age within a month of the session and daytime potty trained by the first date of class.
- Classes with less than 3 students enrolled 1 week before a session starts may be cancelled.
- Classes are capped at 12 students. A waiting list is available.
- A free trial class is available, but a liability form must be completed before participating.
- Although unlikely, classes can be changed at any time.

Class Policies

- Parents and siblings are not permitted in the classroom during class time.
- No gum is allowed in class.
- After three weeks of absenteeism, a student is automatically dropped unless prior notice was given. To hold a spot during a month off, tuition must be paid.
- No video or photos without instructor permission. Permission is also required from the parent of any other child shown.
- Parents/guardians must check children in weekly. A pickup tag or photo of the tag is required for ages 3-4, 5-7 and Level IA. These children may only visit the restroom with a teacher, assistant, their parent/guardian, or in pairs for Level I.
- Students not adhering to the dress code may be asked not to take class until they are properly attired.

7

Tuition + Attendance Policies

- Tuition: \$45 monthly for one weekly class.
 - River City Christian attendees (at least two Sundays per month): \$40 monthly.
 - Individuals taking three or more classes weekly: \$35 per month, per monthly class.
 - First family member: \$45 monthly per class; subsequent members: \$40 monthly per class. Two-hour classes: \$90 monthly. 30-minute classes: \$20 monthly. 90-minute classes: \$60 monthly.
- The first month of the session tuition is due by the end of the first week of classes. Payment is due by the fifth of each subsequent month.
- Personalized invoices are emailed before the session and at each month end, with one-time and recurring payment options.
- No refunds or credits for missed classes. Prorating applies to late admission, not absences. Tuition also supports studio equipment and operations.
- Limited makeup classes are available for illness or extenuating circumstances. Complete the Make Up Class Registration form on the Current Dancers website before attending.
- Drop-in rate: \$10 per hour class, excluding the free trial class.
- Repeating payments will automatically be cancelled after the May charge.
- December repeating payments will automatically be applied to the costume balance.
- A costume deposit of \$20 per class for the June recital will be due by March 15. This charge will be added to the March invoice.
- There is a \$30 per dancer (not per class) fee to participate in the Christmas Show.

Performance Policies

- In order to participate in the Spring Recital (first Saturday and Sunday in June), dancers must start class no later than the first week of March of that calendar year and be in good attendance standing.
- In order to participate in the Christmas show (most rehearsals are outside of class time), dancers must be actively enrolled in at least one class during the Fall Session and pay the \$30 participation/costume rental fee.
- Recital costumes will be ordered during the Spring Session. A costume invoice will be given out to parents and dancers in April and payment in full will be due the first week of May. Costumes will be \$60 each unless otherwise noted. A \$20 non-refundable deposit (per costume) must be submitted by March 15 in order for a costume to be ordered.

Sick Policy + Database

When to Stay Home

Please do not send your child to class, a performance or rehearsal with any of these symptoms:

- Thick yellow or green nasal discharge
- Earache or stomach/abdominal pain
- Vomiting or diarrhea
- Rash or fever
- Constant cough, wheezing or productive cough
- Sore throat and/or swollen glands
- Red eyes or eyes with any discharge

Dancers must be symptom-free for 24 hours before returning. If antibiotics are prescribed, the child must have taken at least four doses.

My River City Database

My River City (myrivercity.live) is our church and studio database.

Use it to:

- Add or update profile pictures
- View personal and family calendars, including classes and rehearsals
- View serving and volunteer assignments for shows
- View payments and completed forms

Dance Discipline - Overview

At Ignite Dance Academy, dance discipline is not about perfection or punishment. It is the consistent practice of habits that help dancers grow in skill, confidence, responsibility, and respect.

Dance discipline includes simple habits such as arriving on time, wearing appropriate dance attire, securing hair properly for class, listening attentively to instruction, checking in before class, and treating teachers, classmates, and staff with kindness and respect.

As students grow, they are encouraged to take increasing ownership of their dance experience by learning their class and teacher information, bringing the correct dance items to class, caring for their belongings, and communicating respectfully with adults and peers.

These expectations help create a positive and productive environment where dancers can safely develop technique, artistic expression, self-control, perseverance, and confidence.

We believe that the lessons learned through dance extend far beyond the studio. Whether a student dances for one season or many years, our desire is that they experience both the joy of dance and the satisfaction that comes from working hard, growing in their abilities, and encouraging those around them.

Together, we seek to maintain high standards of technical excellence while fostering a culture of encouragement, responsibility, and enjoyment.

Dance Discipline - Ages 3-7

For our youngest dancers, dance discipline is taught gently and positively as part of the joy of learning dance.

Simple habits such as:

- Arriving on time (helping get ready)
- Wearing the correct dance attire
- Keeping hair neatly secured
- Checking in before class
- Listening to the teacher
- Waiting for turns during class
- Practicing kind behavior

These habits help children learn confidence, responsibility, focus, and respect for others.

Young dancers are encouraged to practice simple independent skills such as greeting teachers and staff, learning their class and teacher names, and keeping track of personal belongings like water bottles and dance shoes. A water bottle labeling station is available to support this responsibility.

These skills develop gradually. Our goal is to lovingly encourage growth while helping children feel confident, successful and excited to learn perseverance, self-control, teamwork, responsibility and joyful expression.

Dance Discipline - Ages 8-11

As dancers grow, they begin developing greater responsibility and commitment in their dance training. Dance discipline helps students build strong habits that allow them to succeed both artistically and personally.

Students are expected to:

- Arrive prepared and on time
- Wear proper dance clothing and shoes
- Secure hair appropriately for class
- Complete the studio check-in process
- Know their class and teacher information
- Demonstrate respectful behavior
- Listen carefully to instruction
- Practice focus and self-control in class

These standards create a positive, productive learning environment where students can safely improve technique, develop confidence and work as a team.

Students are encouraged to take increasing ownership of their dance experience as they grow in independence, responsibility, communication and attention to detail.

Our desire is for students to experience both the joy of dance and the satisfaction that comes from working hard and growing in their abilities.

Dance Discipline - Age 12+

Whether a student is dancing recreationally or pursuing advanced training, consistent habits help create a focused and respectful studio environment where dancers at all levels can thrive.

Students are encouraged to take personal responsibility for their dance training by staying informed, communicating respectfully with instructors and staff, and contributing to a focused and supportive classroom environment. These habits help maintain organization, safety and professionalism.

These standards also help students develop professionalism, responsibility, confidence and respect for the art form.

Appropriate clothing allows instructors to properly observe alignment, posture and technique.

We welcome dancers of all experience levels and seek to balance strong technical training with encouragement, creativity and enjoyment.

Students are expected to:

- Arrive on time prepared for class
- Wear proper class clothing, footwear and hairstyles
- Complete the full studio check-in process
- Be attentive to instruction
- Be respectful to all in the classroom
- Demonstrate personal responsibility and communication
- Display a positive attitude toward instruction and correction

Family Notes

Use this page for class names, teachers, costume details and reminders.



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